

Are you taking your medication as prescribed?

Medication adherence means you are taking your medication as prescribed by your doctor. However, according to the National Council on Patient Information and Education, “the lack of medication adherence is America’s other drug problem.”

- > Unnecessary disease progression and complications
- > Reduced functional abilities and quality of life
- > An additional \$2,000 per year in medical costs and physician visits
- > Increased use of expensive, specialized medical resources
- > Unneeded medication changes

In the United States, 12% of people do not take their medication at all after they fill or buy the prescription. Not taking your medication as prescribed can lead to hospital stays – where the average length of stay is 4.2 days.

Source: www.stroke.org/sites/default/files/resources/NSA_Med_Adherence_brochure.pdf



Questions?

We're here to help. Please call the Moda Health Pharmacy Customer Services team toll-free at 888-361-1610. TTY users, please call 711.

